

SSCYC, INC.
A Vacation with a Purpose

THINGS YOU NEED TO KNOW - CAMP 2026 EDITION

❖ **TRANSPORTATION TO AND FROM CAMP**

- All campers will meet in the parking lot behind the tennis courts at Weymouth High School @ 11:15 A.M. on Sunday, August 9th. We anticipate a 12:00 P.M. departure to camp.
- **We do not have access to bathrooms at Weymouth High School.**
- When you arrive at Weymouth High School:
 - Take your Tuff Box/Trunk to the luggage truck.
 - Keep your soft luggage (sleeping bag, pillow, backpack etc.) with you.
 - Follow directions to get your bus loading card. Tables will be organized by grade or last name.
 - Once checked in, you may proceed to your assigned bus. Your soft luggage will go under your bus.
- We expect to return to the same parking lot @ 2:00 P.M. on Sunday, August 16th.
- **BRING A BAG LUNCH – the buses do not stop on the way to camp.**

❖ **PACKING FOR CAMP**

If possible, please pack your clothes, towels, etc. in a 27 Gallon TUFF BOX available from Lowes or Home Depot. Make sure that your luggage is clearly marked. Pillows and sleeping bags do not need to be squeezed into the Tuff Box, but they should be packed in a bag and marked.

❖ **WHAT TO BRING**

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|-------------------------------|---------------------------------|--|
| ○ Sleeping Bag & Pillow | ○ Jacket or sweatshirt | ○ Bug Spray |
| ○ Bathing Suit | ○ Athletic equipment (optional) | ○ Sunglasses |
| ○ Sneakers (for game playing) | ○ Flashlight | ○ \$\$\$ for Canteen and Store |
| ○ Socks | ○ Soap, toothpaste, etc. | ○ \$\$\$ for Mission Fund Raffle (\$5) |
| ○ Enough clothes for a week | ○ Water Bottle | ○ \$\$\$ for Camp Appreciation Fund (\$5 - \$10) |
| ○ Extra footwear | ○ Cabin decorations (optional) | |
| ○ Towels | ○ Sunscreen | |

***** **There are no laundry facilities at camp... bring enough clothes for 7 days!** *****

❖ **WHAT NOT TO BRING**

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| ○ Shaving cream, except for shaving | ○ Cigarettes, e-cigarettes, vapes, JUUL |
| ○ <u>Mobile phones</u> or devices that can connect to a cellular network | ○ Fireworks |
| ○ Alcohol or drugs | ○ Energy Drinks |
| ○ <u>Foods containing nuts</u> – Camp is a “ <u>nut-free</u> ” program. | ○ Weapons of any kind |
| ○ Medications – See Page 2 | |

❖ **CAMP ROBINDEL INFORMATION**

Camp Robindel
81 Geneva Point Road
Moultonboro, NH 03254

❖ **MOBILE PHONES**

Campers are not allowed to have mobile phones or devices that connect to a cellular network at camp. Any camper found with a mobile phone will have that phone confiscated. The phone will not be returned until the buses return to the Weymouth High School parking lot on Sunday. **** ALL CONFISCATED PHONES WILL BE SENT BACK TO WEYMOUTH ON SUNDAY, EVEN IF THE CAMPER IS LEAVING BEFORE THE END OF THE WEEK. **** Please leave all phones at home.

❖ **SMOKING, E-CIGARETTES, VAPING, JUUL**

Campers are not allowed to smoke at camp. This includes the possession or use of cigarettes, e-cigarettes, vape, or JUUL. ****ANY CAMPER FOUND USING, OR IN THE POSSESSION OF, ANY OF THESE ITEMS WILL BE SENT HOME IMMEDIATELY.** If you use any of these items, please leave them at home.

❖ **CAMP THEME**

CAMP – “Elements of Camp”

❖ **DANCE THEMES AND DRESS**

Monday “Into the Wild” – Costume Dance. Be creative.

Friday “Enchanted Forest” – Semi-Formal Dance

❖ **VARIETY SHOW**

Our annual variety show will be held on Thursday night at Camp. If you plan to perform, and you require special music, please plan ahead. You won't have your mobile phone with your music on it. Please copy your music to a thumb drive and bring it with you if it is something you don't think we will have or are able to easily download at camp. If you have any questions, please email Tom Remsen (tom@sscyc.org).

❖ **CAMP CANTEEN AND CAMP STORE**

- The Canteen sells candy, chips, crackers, soft drinks, Gatorade, etc. You might want \$2-3 per day for a snack.
- The Camp Store sells Camp Compass clothing (Sweatshirts, T-shirts, tanks, sweatpants, etc.) as well as some Camp Accessories (Water bottles, sunglasses, fleeces, stadium chairs, stickers, etc.). The full line of items may be purchased in advance online (www.sscyc.org) and will be delivered to campers at camp. Items may also be purchased during the camp week. We do not require, or expect you to purchase, any of these items, although we do recommend each camper have a water bottle at camp.

❖ **CAMP MISSION FUND**

Each year our camp family takes a collection for the Camp Mission Fund. The money collected is used to support various charities that have been highlighted by campers and staff, and local families during times of need.

In the past some of the charities the Camp Mission Fund has supported are:

Kate Phalon McCarthy Memorial Fund	JDRF (Type 1 Diabetes)
Sergeant Michael Chesna Family Fund	SAVE – Suicide Awareness Voice of Education
Vera Adams' Memorial Fund	Medical Expenses for a Camp Family
Muscular Dystrophy Association	OneMission – Buzz Off for Kids with Cancer
Jimmy Fund	

Each camper and staff that donates a minimum of \$5 will receive a wristband to participate in the **“Heads or Tails Raffles”**. There will be at least 10 raffles spread throughout the week – all with great prizes.

NOTE: We appreciate the donation of gift cards or other camper friendly raffle items from the families of our campers. If you would like to contribute, please contact Tom Remsen (tom@sscyc.org) or bring a gift card to the parking lot on August 9th and drop it off when you pick up your bus card.

❖ **CAMP APPRECIATION FUND**

Early in the camp week we take a collection that will be a “tip” for the hard-working Camp Robindel staff that prepare our meals, wash our dishes, pick up our trash and monitor the waterfront. We suggest a contribution of **\$5 - \$10** per camper.

❖ **MEDICATIONS AND MEDICAL INFORMATION**

Medications are not allowed in the cabins.

Wednesday, August 5th 5:00-7:00 PM @ Old South

Drop off all medications

- Prescription Medications must be in original pharmacy packaging
- The following non-prescription medications will be available in the camp Health Center.
****Please do not send any of these medications with your camper.**

Acetaminophen (Tylenol)	Ibuprofen (Advil, Motrin)
Phenylephrine decongestant (Sudafed PE)	Pseudoephedrine decongestant (Sudafed)
Antihistamine / allergy medicine	Guaifenesin cough syrup (Robitussin)
Diphenhydramine antihistamine/allergy medicine (Benadryl)	Sore throat spray
Dextromethorphan cough syrup (Robitussin DM)	Tums
Antibiotic cream	Calamine lotion
Excedrin Migraine	Laxatives for constipation
Bismuth subsalicylate for diarrhea (Kaopectate, Pepto-Bismol)	DayQuil or NyQuil

Speak with a Camp Nurse

A Camp Nurse will be available during this time should you need to discuss anything with her.

❖ FINAL NOTES

- Every camper is expected to abide by the Camp Code of Conduct. Counselors will review the code of conduct with the campers at camp and they will be posted in each cabin.
- Any damages at camp will be the responsibility (\$\$\$) of all involved.
- Campers may not have cars at camp... everyone takes the bus.
- Campers are not allowed to have mobile phones or devices that can connect to a cellular network at camp. Devices found at camp will be confiscated for the remainder of the week and returned at the parking lot in Weymouth. **** ALL CONFISCATED PHONES WILL BE SENT BACK TO WEYMOUTH ON SUNDAY, EVEN IF THE CAMPER IS LEAVING BEFORE THE END OF THE WEEK. ****
- For years we have banned smoking and cigarettes at camp. We also do not allow e-cigarettes, JUUL, or vaping at camp. **If any camper brings any of these items to camp, or is found in possession of these items, they will be sent home.**
- **ALL** medications **MUST** be given to the camp nurse.
- We encourage you to put \$5 Camp Mission Fund money in one envelope and \$5-\$10 Camp Appreciation Fund money in a second envelope. Clearly mark the envelopes and put them in your Tuff Box. Counselors will collect the envelopes early in the week. *We kindly request your participation in both the Camp Mission Fund and the Camp Appreciation Fund collection.*
- **CAUTION** – We have had items of value disappear at camp. You may not wish to bring items that can't be easily replaced. Items of value (wallets, music players, AirPods, etc.) that you choose to bring to camp should not be left out in plain sight. (Would you leave your wallet on top of your locker at school?)
SSCYC is not responsible for any lost or stolen items.

❖ REFUNDS

The enrollment list was finalized on June 28th.

- Enrolled campers who withdraw from Camp after June 28th will forfeit their camp tuition and registration fee.
- Campers who are unable to attend camp because they never moved off the waiting list will be refunded their registration fee and tuition paid. Refunds will be issued after the camp week.

❖ CONTACTS AT CAMP

Camp Director – Tom Remsen mobile: 617-538-7575 email: tom@sscyc.org

Assistant Director – Steve Flaherty mobile: 781-964-7989

Email is the best form of communication during the camp week. If you need to be in touch, please email and we will reply as soon as possible.

Do not rely on the Camp Robindel phone to deliver important messages in a timely fashion. Mobile phones and email will be checked for messages after each meal and around 9:00 P.M. in the evening.

❖ ARRIVING AT CAMP LATE / LEAVING CAMP EARLY

In general, all campers are expected to take the buses to and from Camp. We do make exceptions in certain circumstances such as sports, college, family vacations, etc. If your camper will not be taking the bus to camp or returning on the bus from camp, please notify Tom Remsen (tom@sscyc.org) by email. We will have specific times that campers can be dropped off or picked up. The gates to Camp Robindel are closed at all other times. Please discuss the drop off, or pickup, of your camper in advance with Tom.

❖ CAMP WEBSITE

The camp website is www.sscyc.org. Here you will find some of the camp store, and links to important camp information.

❖ CAMP BLOG

Throughout the camp week, we will be posting at least once each day. Follow the camp week at <https://sscyc.org/blog/>.